



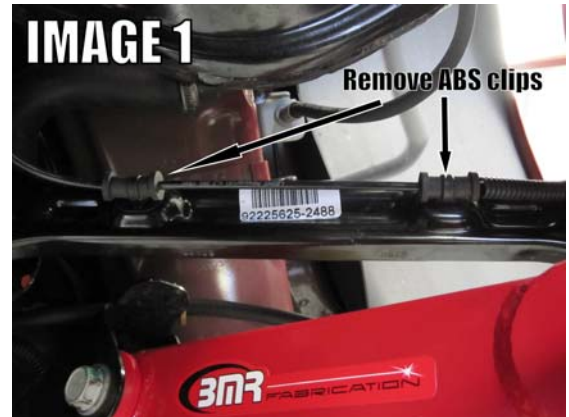
## ADJUSTABLE TOE RODS TR004 – 2010-present Camaro

### RECOMMENDED TOOLS:

Hydraulic Jack and stands  
Wrenches: 10mm, 22mm,, 1-1/8"  
Sockets: 18mm, 22mm, 15/16"

### INSTALLATION:

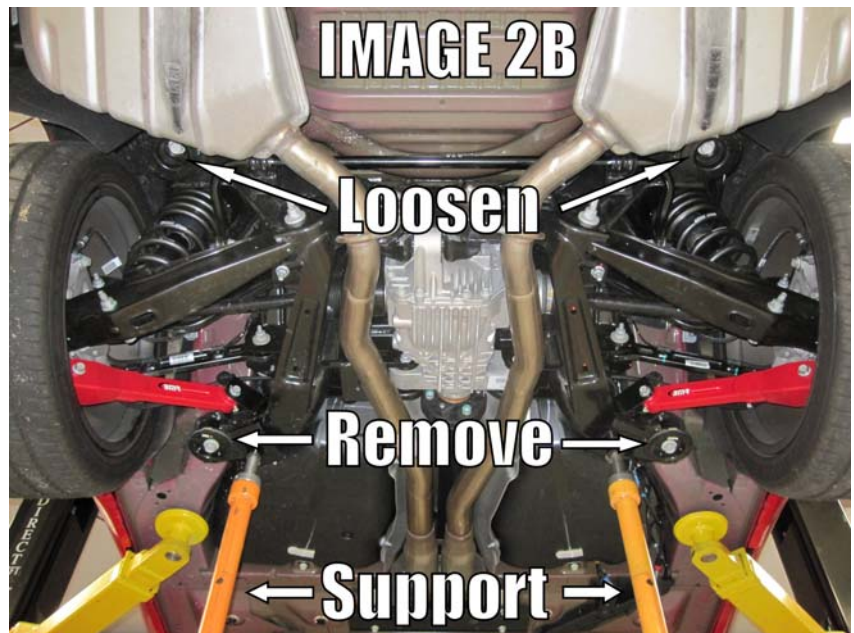
1. Lift vehicle and support with stands under the frame rails.
2. Remove the rear wheels/tires.
3. Pop the ABS wire loose from the OE toe rod by squeezing the retaining clips from the backside. (**Image 1**)



4. The inner bolt of the toe rod controls alignment and must be marked before loosening in order to maintain proper alignment settings during re-assembly. Using a paint marker or chalk, mark the cam washer and subframe as shown in **Image 2**.
5. Due to fuel tank interference, the drivers' side inner toe rod bolt cannot be removed without lowering the cradle. Support the cradle as shown in **Image 2b** below. Using a 15/16" socket, remove the front two cradle bolts and loosen the rear bolts. The cradle should lower enough to remove the bolts.



6. Using a 22mm wrench and 22mm socket, remove the inner bolt.
7. Using an 18mm socket remove the outer bolt and then remove the toe rod.
8. Lay the BMR adjustable Toe Rod over the top of the factory toe rod as shown in **Image 3** on the following page. Adjust it until it is the same length as the OE toe rod. The easiest way to do this is to insert the factory bolts through both toe rods to verify proper length. Once it is the same length, tighten both jam nuts.
9. Install the BMR Toe Rod using the OE bolts.



## **ADJUSTABLE TOE RODS (Cont.)**

*TR004 – 2010-present Camaro*

10. Using a 10mm wrench rotate the inner bolt until the cam washer lines up with the mark made previously. Tighten to 85 ft/lbs. Tighten the outer bolt to 95 ft/lbs.
11. Remove the clips on the ABS wires and zip-tie the wire to the BMR Toe Rod.
12. Re-install the wheels/tires. Lower vehicle.



*BMR Adjustable Toe Rod and Trailing Arm*

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*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, buyer assumes all risk of any damage caused to vehicle/person during installation or use of this product.*