

# Sway Bar Kit Installation Instructions

## Tools Required:

- Hydraulic jack and jack stands
- Allen wrench – 6mm, 3/16”
- Wrenches and Sockets – 7mm, 10mm, 13mm, 17mm, 18mm, 24mm
- Long extension for sockets

## Front Installation (SB764):

1. Lift the front of the vehicle and safely support with jack stands under the cradle.
2. Remove both front wheels and tires
3. Using a **7mm** socket, remove all of the small screws that retain the underbody plastic cover as shown in **IMAGE 1**. There are also various clips that can be removed with a flat head screwdriver.
4. Using a **17mm** and **18mm** wrench, remove the end links. **IMAGE 2**
5. Remove the driver’s side tie rod at the spindle using an **18mm** socket. Knock it loose from the spindle using a brass hammer or tie rod removal tool.
6. Remove the radius rod bolt using a **24mm** socket and then swing the entire spindle and radius rod out of the way.

## IMAGE 3

**NOTE:** On the driver’s side one of the sway bar saddle bolts is located under the alternator and needs to be removed with an **18mm** wrench through the wheel well. It is optional, but removing the intake tube, intake air box, radiator shroud/fans, and unmounting the coolant overflow tank will give you additional clearance in the engine bay in order to install the new sway bar

IMAGE 1

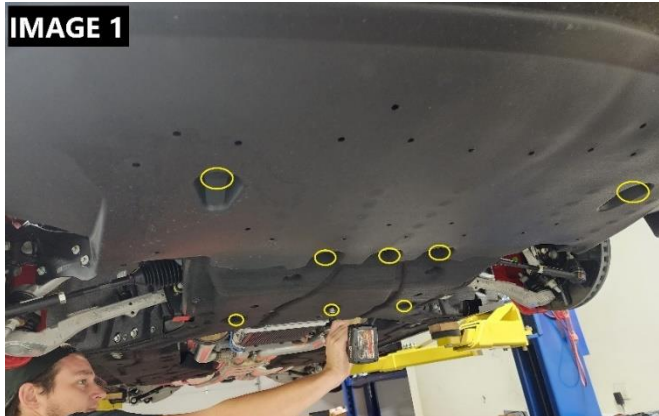
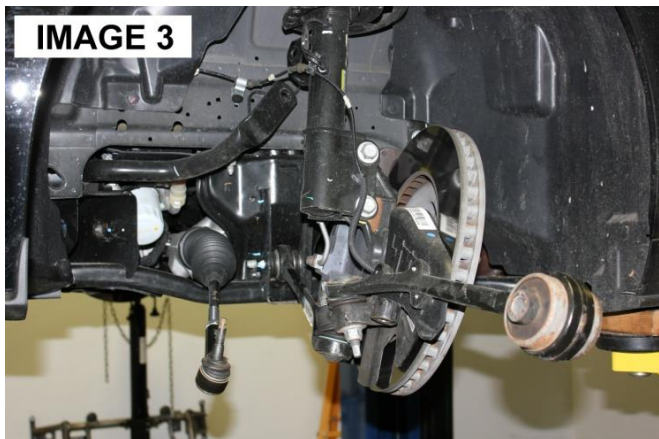


IMAGE 2



IMAGE 3



[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

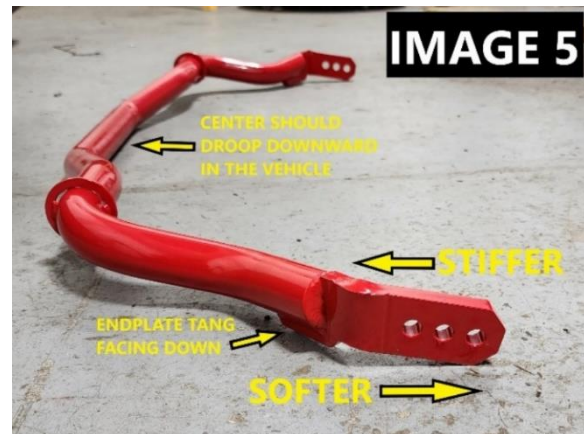
*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*

# Sway Bar Kit Installation Instructions

- Using a ratchet with an **18mm** socket and long extension, remove the sway bar saddle bolts on the cradle through the top of the engine bay.



- Pull the sway bar out the driver's side wheel well, rotating as necessary until the bar is completely out. **IMAGE 4**
- Install the BMR sway bar the same way, rotating as necessary until it is in position. It is possible to install the sway bar upside down however it will not fit properly. Installed correctly the bar should match **IMAGE 5** with the center bend drooping downward.



- Lube the insides of the supplied polyurethane bushings with synthetic grease (we recommend Super Lube p/n **SUL41150**) and install them over the sway bar. Place the saddles over the bushings, lining them up with the mounting holes.



[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*

# Sway Bar Kit Installation Instructions

11. Place the supplied spacer shims underneath the sway bar bushings in line with the saddles.
12. Re-install the stock sway bar saddle bolts and
13. Re-install the tie rod and the radius rod. Tighten all bolts.
14. Install the endlinks selecting the desired stiffness. Refer to the table below. The furthest forward holes are the stiffest and the rearward hole is softest. **IMAGE 5**
15. Re-install the underbody plastic.
16. Re-install wheels/tires.

Sway Bar Rate	
Hole Position	Lbs/in
1 Softest (furthest rearward)	1158 (83% stiffer than stock)
2	1361 (115% stiffer than stock)
3 Stiffest (furthest forward)	1624 (157% stiffer than stock)



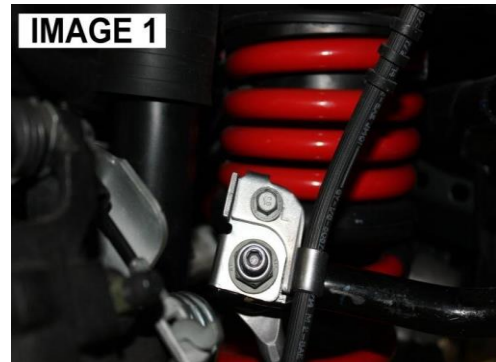
[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*

# Sway Bar Kit Installation Instructions

## Rear Installation (SB045):

1. Lift the rear of the vehicle and safely support with jack stands under the cradle.
2. Using a **10mm** wrench or socket, remove the brake hose bolts out on the sway bar end link brackets. **IMAGE 1**
3. Using the **6mm** Allen wrench to hold the center of the end link, remove the nut using an **18mm** wrench. **IMAGE 2**
4. Using a **13mm** socket, remove the (4) bolts that retain the sway bar bushings to the sub-frame. Remove the sway bar.
5. Assemble the BMR supplied polyurethane bushings and saddles onto the new sway bar and install the sway bar using the factory mounting hardware. Assemble the 2-piece aluminum thrust washers over the bar on the inside of the bushings as shown in **IMAGE 3**. Tighten with a **3/16"** Allen wrench.
6. Torque mounting bolts to **24 ft lbs**
7. Position the supplied 2-piece clamps over the sway bar on the inside of the mounting bushings. Slide them up against the inside of the bushing and tighten using a **3/16"** Allen wrench.
8. To re-use the brake hose brackets on your BMR sway bar, rotate the bracket as shown and mount as illustrated in **IMAGE 4**. Tighten the end link nut using the **6mm** Allen wrench and **18mm** wrench. Tighten the **10mm** brake hose bolt



9. Using a grease gun, lube the polyurethane bushings with synthetic grease. Lower vehicle

[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*