



3rd/4thgen F-Body Rear Sway Bar Installation Instructions

FRONT TOOLS REQUIRED:

- Hydraulic jack and jack stands (or service lift)
- Standard and Metric Wrenches and Sockets

INSTALLATION:

1. Lift the vehicle and safely support it under the axle with jack stands. The installation is much simpler with the suspension loaded. Remove wheels/tires.
2. Using a 13mm wrench and socket, remove the nuts from the sway bar end links and remove the end links. See **IMAGE 1** below.
3. Using a 13mm socket, remove the nuts from the u-bolts that mount the sway bar to the rear end. Remove the OE sway bar. See **IMAGE 2** below.



IMAGE 1



IMAGE 2

4. Using the supplied silicone lube, lube the insides of the polyurethane bushings. Slide the bushings over the BMR sway bar then install the saddles over the bushings. This should resemble Image 3



IMAGE 3

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This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.



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5. Fit the sway bar to the rear axle and make sure the center arch droops downward to clear the differential cover.
6. Install the end links with the bushing isolators on either side of the factory end link mounting hole on the chassis. Then insert the stud in the hole in the swaybar from the outside pointing in (Note: Height adjustments to the endlinks may need to be made to level the sway bar)



7. Before setting the car on the ground, Be sure to lubricate the grease zerks with synthetic grease.

SWAY BAR RATES

Close hole (close to main portion of bar)	554 lbs/in.
Far hole (farthest from main portion of bar)	701 lbs/in.

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