

BK053 INSTALLATION INSTRUCTIONS

REQUIRED TOOLS:

Sockets and/or wrenches: 13mm, 21mm

Hydraulic Jack and jack stands

INSTALLATION:

- 1. Lift vehicle and safely support with jack stands under the frame rails.
- 2. Using a 13mm socket, remove the two small bolts on one of the front cradle support plates as shown in **IMAGE 1**.
- 3. Using a 21mm socket, remove one of the front main cradle bolts then remove the cradle support.
- 4. Lube the rounded end on one of the BMR bushing inserts and push it up into one of the two voids of the cradle bushing. Place a jack under the insert as shown in **IMAGE 2**.
- Lift the jack, forcing the bushing insert up into the bushing, until it is flush with the bottom of the bushing. Repeat for the other void in the same bushing.
- 6. Re-install the factory cradle support and tighten the main bolt to 129 ft/lbs. and the two smaller bolts to 41 ft/lbs.
- 7. Duplicate steps 2-6 for the other front bushing.
- 8. Using a 21mm socket, remove one of the rear cradle bolts.
- 9. Place one of the BMR lockout plates over the bushing as shown in **IMAGE 3**, re-install the bolt and torque to 129 ft/lbs.
- 10. Repeat steps 8 and 9 for the other side.
- 11. Lower vehicle.







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This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, buyer assumes all risk of any damage caused to vehicle/person during installation or use of this product.