



Front Lower Control Arm Bushings BK009

Required Tools:

- Hydraulic jack and 2 stands (lift optional but recommended)
- Wrenches – 18mm
- Sockets – 18mm, 21mm
- Pry-bar
- Brass hammer

Installation:

1. Lift vehicle and support with stands under the rocker jack points or K-member.
2. Remove both front wheels/tires.
3. Using an 18mm socket and wrench, remove the inner mounting bolt on the lower control arm.
4. Using a 21mm socket, remove the outer ball joint nut.
5. Knock the ball joint loose from the spindle using a brass hammer or equivalent.
6. Remove the control arm.
7. Using a bushing removal tool or hydraulic press, remove the OE rubber bushing from the control arm.
8. Insert the BMR polyurethane bushings into the radius rod. Lube the inside of the bushing and insert the center sleeve.
9. Re-install the control arm duplicating the above steps. Tighten the inner mounting bolt to 85 ft/lbs.
10. Install wheels/tires. Lower vehicle.



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This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, buyer assumes all risk of any damage caused to the vehicle/person during installation or use of this product.